



How To Use The Internet Safely While In Hospital **A Guide For Children, Young People, and Parents, Guardians and Carers**

1. Why has this guidance been written? To:

- Help protect you and other children and young people from any harm
- Make sure everyone using the Internet understands what is acceptable and what is not allowed
- Encourage children and young people to use the Internet and email safely. It is good to keep in touch with the outside world, friends and family, but you must follow a few important rules.

2. Why do I have to sign an Internet Agreement Form?

- The staff in the school and the Hospital want to help you understand what you can and cannot do. When you sign the form that means you have said you understand and that you will stick to the rules. This means we can allow you to use the internet unsupervised.

3. What can I do?

- You can use the school's connection to the web to visit websites that will help you with your school work and revision.
- You can Google for information that is suitable for your age
- You can access your home school email and learning platform so that you can stay in touch your school and keep up with your school work.

4. What must I NOT do?

- You must not access or try to look at any Internet sites that may put you or other children and young people at risk. That means, just for example, that you must not go to any sites that may show material of a sexual or violent nature that are not suitable for your age.

5. How does the school know what I am doing

- The school has special equipment so that the Network Manger can see exactly what you are doing at any time, even though they are not sitting next to you. It is a bit like a hidden camera. The Network Manager can even interrupt or stop you using your computer, even though they are not sitting next to you.

6. Can I use my own computer on the school network?

- No

7. What can happen if inappropriate material or bad stuff is found?

- This may mean that the School will not let you use their Internet connection or the computer affected. This is so that everyone can be sure that you are not at risk in any way and that you do not put others at risk. You may instead be offered a school laptop and time for the Internet during school teaching time instead, so you will still be able to learn, have fun and stay in touch with friends.